



Invites all doctors working remotely to join the

Remote NT Doctors' Professional Network 2021

Facilitated by

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MBBS, FRACGP, PhD (creative writing), M Family Medicine, Grad Dip Family Medicine, Grad Cert Oral History

Doctors' Health NT is pleased to invite all remote NT medical practitioners (inc. Registrars) to an opportunity to *receive ongoing peer support in a safe, confidential environment,* via Zoom or Phone if you have poor internet access, facilitated by an experienced senior medical colleague, former NTGPE medical educator and Balint Group leader.



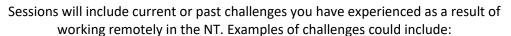
Commencing on Wednesday 17th February – 6pm to 7.30pm

Initially continuing fortnightly for 6 sessions, final session on 28th April (Attendance at each session is encouraged but not essential)

It is **FREE** to join – please register your interest *by Friday 12th Feb, 2021*.

A certificate of attendance can be provided upon request

A review will be conducted by Doctors' Health NT in April to determine continuation.



- Challenging interactions with patients, families, or practice staff
- Dealing with Indigenous cultural issues and/or culture shock
 - Reduced specialist support
 - Work/life balance
 - Burnout and/or its prevention
 - Wellbeing strategies
- Personal issues such as feeling isolated from a support network
 - Limited access to food and supplies

"I recommend this Network to all remote doctors, it is vital to be able to connect with peers who understand the same work that you do"

Dr Roger Sexton, Medical Director, Doctors' Health SA/NT

For more information about Doctors' Health NT visit $\underline{www.doctorshealthnt.com.au}$



Please email Program Manager, Kiara Cannizzaro kiara.cannizzaro@doctorshealthsa.com.au



