



Doctors' Health NT  
PROFESSIONAL • CONFIDENTIAL

Invites all doctors working remotely to join the  
**Remote NT Doctors' Professional  
Network 2021**

Facilitated by

**Dr Bambi Ward**

MBBS, FRACGP, PhD (creative writing), M Family Medicine, Grad Dip Family  
Medicine, Grad Cert Oral History

Doctors' Health NT is pleased to invite all remote NT medical practitioners (inc.  
Registrars) to an opportunity to *receive ongoing peer support in a safe, confidential  
environment*, via Zoom or Phone if you have poor internet access, facilitated by an  
experienced senior medical colleague, former NTGPE medical educator and Balint  
Group leader.

**Commencing on Wednesday 17<sup>th</sup> February – 6pm to 7.30pm**

Initially continuing fortnightly for 6 sessions, final session on 28<sup>th</sup> April  
(Attendance at each session is encouraged but not essential)

It is **FREE** to join – please register your interest by *Friday 12<sup>th</sup> Feb, 2021.*

*\*A certificate of attendance can be provided upon request\**

*A review will be conducted by Doctors' Health NT in April to determine continuation.*

Sessions will include current or past challenges you have experienced as a result of  
working remotely in the NT. Examples of challenges could include:

- *Challenging interactions with patients, families, or practice staff*
- *Dealing with Indigenous cultural issues and/or culture shock*
  - *Reduced specialist support*
  - *Work/life balance*
  - *Burnout and/or its prevention*
  - *Wellbeing strategies*
- *Personal issues such as feeling isolated from a support network*
  - *Limited access to food and supplies*

*"I recommend this Network to all remote doctors, it is vital to be able to connect with  
peers who understand the same work that you do"*

**Dr Roger Sexton, Medical Director, Doctors' Health SA/NT**

For more information about Doctors' Health NT visit [www.doctorshealthnt.com.au](http://www.doctorshealthnt.com.au)

**ENQUIRIES & REGISTRATION**

Please email Program Manager, Kiara Cannizzaro

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