

## Doctors for Doctors (D4D) Workshop

### Saturday, 5<sup>th</sup> March 2022

Time: 8:00am – 1:00 pm (NT time)

**ZOOM (link to be provided)**

Time	Topic	Format	Speaker(s)
08:00	<b>REGISTRATION</b>	<i>Attendees are provided with a DHSA Seminar eWorkbook*</i>	
08:15	<b>Welcome (5)</b> <ul style="list-style-type: none"> <li>• Introductions</li> <li>• Housekeeping (IT management)</li> <li>• Learning Outcomes</li> </ul>	Learning outcomes presented to the whole group Introductions in small groups.	<b>Dr Bronwyn Carson</b> <i>(Medical Director, Doctors' Health NT)</i>
08.20	<b>Doctors' health update</b> <ul style="list-style-type: none"> <li>• NT doctors' health program</li> <li>• National doctors' health programs and supports</li> <li>• Short case study from the DHSA files to exemplify the pathway of care for doctors seeking assistance.</li> </ul> <p><b>Learning Objective:</b></p> <ul style="list-style-type: none"> <li>• Identify and use local and national initiatives to support the health of the medical profession.</li> </ul>	Overview of doctors' health in SA/NT and nationally - whole group discussion  <i>Case study no 1:</i> a de-identified case study based upon the DHSA files to illustrate current pathways of care. - Small group discussion - Use of D4D workbook - 2 facilitators to augment group learning  Summary of lessons learnt from DHSA approach to managing doctor patients - whole group. - workbook includes DHSA care model and resources.	<b>Dr Roger Sexton</b> <i>(Medical Director, Doctors' Health SA)</i>  <b>Dr Bronwyn Carson</b>
08.40	<b>Burnout – Recognition and Management</b> <ul style="list-style-type: none"> <li>• Recognition</li> <li>• Clinical management</li> <li>• Case study</li> <li>• Small group discussion</li> </ul> <p><b>Learning objective:</b></p> <ul style="list-style-type: none"> <li>• Clinically recognise and manage the 3 features of burnout</li> </ul>	Burnout: Recognition - whole group presentation  <i>Case Study no 2</i> from workbook - Small group discussion Burnout: Management - Q&A: whole group - Summary of key points	<b>Presenter:</b> <b>Dr Maura Kenny</b> <i>Psychiatrist</i>  <b>Facilitator:</b> <b>Dr Roger Sexton</b>
09.20	<b>Doctors-in-Training – PANEL</b> <ul style="list-style-type: none"> <li>• Overview of surgical and physician training pathways</li> <li>• 3<sup>o</sup> hospital work practices</li> <li>• Healthy workplaces</li> <li>• Q&amp;A</li> </ul> <p><b>Learning Objective:</b></p> <ul style="list-style-type: none"> <li>• Support DITs in tertiary hospitals by recognising the impact of workplaces and practices on their health.</li> </ul>	Interactive Panel discussion <i>Video: "On-call"</i> - Facilitated panel Q&A - Whole group, interactive - Set questions to panellists (see list) - Open questions from the audience	<b>Facilitator:</b> <b>Dr Bronwyn Carson</b>  <b>Panel:</b> <i>To be advised</i>  <b>Co-facilitator</b> <b>Dr Roger Sexton</b>
10:00	<b>MORNING TEA</b>	Half hour break	

10:30	<p><b>Medicolegal matters and mandatory notification</b></p> <ul style="list-style-type: none"> <li>Interaction between doctors' health and complaints - - examples from the files</li> <li>Mandatory notification in 2021</li> <li>'Over 70s' health checks</li> <li>Trends in litigation</li> </ul> <p><b>Learning Objective:</b></p> <ul style="list-style-type: none"> <li>Differentiate to identify the correct application of the criteria for mandatory notification.</li> </ul>	<p>Presentation to whole group</p> <p><i>Case study no 3:</i></p> <ul style="list-style-type: none"> <li>Small group discussion</li> <li>Whole group discussion</li> </ul> <p>Q&amp;A</p> <ul style="list-style-type: none"> <li>Whole group forum</li> <li>Open topics</li> </ul>	<p><b>Presenter:</b> <b>Mr Anthony Mennillo</b> <i>Manager, Claims and Legal Services, MIGA</i></p> <p><b>Facilitator:</b> <b>Dr Roger Sexton</b></p>
11:20	<p><b>Health of remote and isolated doctors</b></p> <ul style="list-style-type: none"> <li>Access to health care</li> <li>OH&amp;S risks impacting upon rural doctors</li> <li>Challenges for remote NT doctors</li> <li>Impact of Covid-19</li> <li>Isolated doctors in military roles</li> </ul> <p><b>Learning Objective:</b></p> <ul style="list-style-type: none"> <li>Support rural and remote doctors by applying solutions to the barriers they experience when accessing formal health care.</li> </ul>	<p>Facilitated panel discussion</p> <ul style="list-style-type: none"> <li>whole of group</li> <li>Q&amp;A</li> <li>Interactive</li> </ul> <p><b>Written case study: 'The remote doctor'</b></p> <ul style="list-style-type: none"> <li>Small group discussion</li> <li>Open panel discussion</li> </ul>	<p><b>Facilitator:</b> <b>Dr Bronwyn Carson</b></p> <p><b>Panel:</b> <i>To be advised</i></p>
12:10	<p><b>Suicidal doctors (40)</b></p> <ul style="list-style-type: none"> <li>Recognition</li> <li>Risk assessment</li> <li>Management</li> </ul> <p><b>Learning Objective:</b></p> <ul style="list-style-type: none"> <li>Evaluate suicide risk by using assessment tools in doctor-patients.</li> </ul>	<p>Overview</p> <ul style="list-style-type: none"> <li>whole group</li> </ul> <p><i>Case study no 4:</i></p> <ul style="list-style-type: none"> <li>Small group discussion</li> <li>Facilitators assist</li> </ul> <p>Approach to risk assessment and clinical tools</p> <ul style="list-style-type: none"> <li>Whole group</li> </ul>	<p><b>To Be Confirmed Psychiatrist</b></p> <p><b>Co-Facilitator:</b> <b>Dr Roger Sexton</b></p>
12:50	<p><b>Summary and Evaluations (10)</b></p> <ul style="list-style-type: none"> <li>Summary of key learning outcomes</li> <li>Evaluation/ feedback</li> </ul>	<p>Whole of group Personal reflection via workbook</p>	<p><b>Dr Bronwyn Carson</b></p>
1:00	<p><b>Finish &amp; Networking</b></p>	<p><b>Total = 4 hrs</b></p>	

**Duration: 4 hrs / 250 min.**

**Learning Outcomes for D4D Workshop**

1. Identify and use local and national initiatives to support the health of the medical profession.
2. Clinically recognise and manage the three stages of burnout.
3. Support DITs in tertiary hospitals by recognising the impact of the working environment and College training requirements.
4. Differentiate to identify the correct application of the criteria for mandatory notification.
5. Support rural and remote doctors by applying solutions to the barriers they experience when accessing formal health care.
6. Evaluate suicide risk by using assessment tools in doctor-patients.